

# EYEBROW MICROBLADING

## Treatment Information

### BEFORE MICROBLADING

- We strongly advise you to book your permanent makeup appointment at least 2-3 months in advance of vacations, weddings, and other special occasions. This time frame allows for healing time of your first procedure as well as healing time for the touch-up session (if required).
- Perfect brows can sometimes be a two-step process. Please allow time for an excellent result to be achieved.
- If you have any of the following conditions, please contact our clinic before booking to ensure you are a candidate.
  - Pregnant/nursing
  - Heart problems/take blood thinners
  - Had a recent surgery/have an impaired immune system
  - Seborrheic dermatitis/Alopecia/Thyroid/recent hair loss
  - Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.)
  - Sick (cold, flu, etc.)
  - Had Botox/or Medical Facial (laser/peel) in the past 2 weeks
  - Used Accutane in the past 6 months
  - Allergic to lidocaine, benzocaine, or tetracaine (topical anesthetic)

### DURING MICROBLADING

- Sara, the advanced brow specialist at Essentials Medi Spa, will draw a brow design to give you an idea of size, shape and form. She will select a colour or personally blend pigment colours to achieve the perfect brow colour for your skin tone, hair colour or to correct previously treated and now faded permanent makeup.
- Once you are pleased with the shape and colour, Sara will apply a topical anesthetic to ease the discomfort.
- Once you're numb, she will start the treatment using a sterile, one-time-use very fine blade to deposit pigments into the epidermis. The pigments used in this method are formulated to match your original eyebrow colour and blend perfectly into them.

### AFTER MICROBLADING

- You will notice redness in the brow area for a day or two, and initially, the brows will appear darker (the second day is always the darkest) but not dark enough that it would prevent you from going about your usual routine.
- Gently blot off lymphatic fluid and wash with warm water. Do not use soap products for 10 days.
- After 10 days, wash gently with a mild cleanser morning and night. Wash your hands before washing your face. Use soft cloths and avoid the use of rough washcloths or sponges. Pat dry.
- Allow eyebrows to completely air-dry before applying ointment. Once fully dry, apply a thin layer of the ointment provided (rice size amount on each brow). Repeat above steps 1-2 times per day for 2-4 days after treatment or until your brows form a scab.
- Let any scabbing or dry skin naturally fall off.
- After 10 days, once the area has healed completely, use sunblock when going out in the sun to stop the colour from fading (Alumier MD sunscreen samples are available if needed).

- If you need an MRI, inform the technician that you have had a tattoo.
- Do not rub, pick, or scratch the treated area, as picking can cause scarring and pigment loss!
- Do not expose your face to the sun and/or tanning beds for a minimum of 4 weeks after your procedure. Direct sunlight can cause the pigment to change colour while it is healing and can also cause hyper-pigmentation and scarring.
- Do not use pools, saunas, steam rooms, hot showers and/or hot baths for 1 week.
- Do not sweat on your face for 1 week. Sweating through or on the brows will expel pigment from the dermis producing poor results.
- Do not sleep on your face/brows for the first 10 days.
- Do not tint your eyebrows for 2 weeks after your procedure.
- Do not use Retin-A/Retinol, Chemical Peels, Laser Treatments, Micro-dermabrasions, and/or lightening lotions to treat hyperpigmentation around the brow area. This avoidance so close to the brows will help to prevent fading of your brow tattoo.
- For the first week, your eyebrows will appear darker, bolder, and sharper. This is due to natural scabbing and healing and is very common for all permanent cosmetic procedures. Your brows will start to shrink and fade 10-30% of the size after your appointment.
- *After you have healed:*
  - Brow tattoos normally last 1-3 years or more depending on a client's lifestyle, skin type and compliance with our aftercare instructions.
  - Exposure to the sun and tanning beds can cause fading and discoloration of the pigment (not to mention AGING/SKIN CANCER, so make Dr. Brooks happy – avoid tanning beds & always wear sunscreen)
  - Always apply sunscreen SPF 40 or greater on brow area (once completely healed).
  - Maintain removal of unwanted brow hair outside of your tattooed brow design by tweezing, threading, waxing, or the use of a razor.
  - Do not do laser around your brow area (IPL). Some lasers may change the colour of the pigment.
  - After 10 days, additional brow makeup application may still be required post-tattoo to achieve your desired look.
  - Yearly touch-ups are recommended to maintain your results.

# EYEBROW MICROBLADING

Consent Form

**CLIENT'S FULL NAME:** \_\_\_\_\_

I hereby authorize **Sara Lohrer** to perform upon myself permanent cosmetic enhancement. If any unforeseen condition arises during the procedure(s), I further request and authorize her to use her full judgment and do whatever she deems advisable and necessary in the circumstances.

## I understand that:

- Permanent cosmetic enhancement is an advanced form of tattooing.
- The colour, shape and position of the enhancement will be agreed upon during my consultation.
- A sensitivity test for pigment does not guarantee that I will not have an allergic response.
- Allergic responses to pigment are rare and I accept all responsibility if an allergic response occurs.
- A sensitivity reaction to anesthetics can occur and I accept all responsibility if an allergic response occurs.
- Non-toxic pigments are used during the procedure and the cosmetic enhancement achieved may fade over the course of 1-3 years. Even though the colour has faded, the pigment will stay in the skin indefinitely and may leave a light residue of colour.
- Dyes, inks and pigments are not approved by the Food and Drug Administration (FDA) and the health effects are not known.
- The highest standards of hygiene are met, and that sterile disposable needles are used for each individual client, procedure and visit.
- Each procedure is a process requiring multiple applications of pigment to achieve desirable results, perfection cannot be guaranteed.
- I will likely need to return for future touch-up procedures that are included in the initial \$600.00 price. (One touch-up is usually required and is included at no additional cost). A touch-up will be performed 1-3 months after the initial procedure. After the 3-month period, I will be charged an additional fee for any procedures (for example annual touch-up fees or minor touch-ups).
- I understand that the touch-up will not be done immediately, no matter the outcome of the procedure. It is booked weeks after the initial application to allow the procedure site to fully heal. I will book the appointment when it is convenient for both parties.
- The pigment may migrate under the skin; however, this is a rare occurrence.
- Permanent cosmetic enhancement is an invasive procedure and the infusion process can be uncomfortable.
- Loss of any brow hairs during the healing of permanent cosmetic eye enhancements will result in new brow hair growth over a 4-month period and that brow hair loss is rare and minimal.
- In rare cases, corneal abrasion can occur during the procedures and I should remain still.
- The result of the procedure is determined by the following:
 

<input type="checkbox"/> Medication	<input type="checkbox"/> Alcohol intake and smoking
<input type="checkbox"/> Skin Characteristics - i.e. dry/oily/sun-damaged	<input type="checkbox"/> General stress
<input type="checkbox"/> Natural skin undertones	<input type="checkbox"/> Poor diet
<input type="checkbox"/> A compromised immune system	<input type="checkbox"/> Post-procedure care treatment

- Immediately after the procedure the enhancement can be 30 to 50% darker than the desired result and can take between 4-10 days to lighten.
- The true colour will be visible 1 month after each application, and that the colour may vary according to skin tones, skin type, age and skin conditions. I appreciate that some skins accept colour more readily than others and no guarantee of an exact effect or colour can be given.
- Upon completion of the procedure, there may be swelling and redness of the skin, which will subside within 1-4 days dependent on lifestyle. In some cases, bruising can occur.
- I can resume normal activities immediately following the procedure, however, using cosmetics, prolonged exposure to water, excessive perspiration and exposure to the sun should be limited for up to two weeks following the infusion process.
- If I have had a previous eye disorder or eye infection and receive a brow enhancement, the disorder may reoccur again. I agree to use the correct medication to prevent such a disorder from reoccurring.
- Even though my vision is not affected by permanent cosmetic eye enhancements I may wish to have someone drive me home.
- There are few effective methods for pigment removal. Laser removal has proven successful, however, is a process.
- I will inform my doctor of my permanent cosmetic enhancement if I require an MRI scan within a 3-month period of receiving the procedure.
- I will follow all pre-procedure and post-procedure instructions as provided and explained to me by the practitioner. I understand that infection and possible scarring can occur if I do not adhere to the said instructions.

### To my knowledge:

- I do not have any physical, mental, or medical impairment/disability that might affect my well-being as a direct or indirect result of my decision to have the procedure done at this time.
- I am at least 18 years old.
- I am not under the influence of drugs or alcohol.
- For documentation, I also consent to the taking of “before” and “after” photographs of said procedure(s).

I CERTIFY THAT I HAVE READ, AND HAVE HAD EXPLAINED TO ME, AND FULLY UNDERSTAND THE ABOVE CONSENT FORM AND THAT I HAVE REQUESTED TO HAVE PERMANENT COSMETIC ENHANCEMENT OF MY OWN FREE WILL.

**CLIENT'S PRINTED NAME:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

Subject to, the agreed design being shown to me, as well as digital photographs, I \_\_\_\_\_ agree this is a true picture of the template of what design is required. I consent also to digital photos being taken immediately after my treatment so that there is a true comparison between what was requested and what was delivered.

**CLIENT'S SIGNATURE:** \_\_\_\_\_

# EYEBROW MICROBLADING

Chart Note

**CLIENT'S FULL NAME:** \_\_\_\_\_

**DATE:** \_\_\_\_\_  **AFTERCARE INSTRUCTIONS/OINTMENT GIVEN**

**PROCEDURE:**

**PIGMENT USED:**

**NEEDLES:**

**REFILL DETAILS:**

**NOTES:**